

## FEBRUARY 2004 NEWSLETTER

### HOW TO TIPS:

- 1) *I have 5000 messages in my mailbox:* first download [mailwasher](#). Next [set it up](#). Go online and run mailwasher. Let it download about 4or500 messages then click STOP. Go to E\_MAIL, MARK ALL FOR DELETION then click PROCESS MAIL. Repeat until you have a manageable number. Check your mail more often.
- 2) *Mail times out downloading:* first, wait ten minutes. Next, go to the [webmail](#) by clicking the mailbox on [www.fsames.com](#) or [www.maxit.net](#) and download your mail. Look for a message with a large attachment, and check the box beside it. Click on delete as you just can't download a multi-MB file with Outlook over a phone line.
- 3) *Mail keeps asking for password:* first, wait ten minutes. Try again, and if it asks for password erase and re-enter both username and password. If problems still happens see steps 1 and 2.
- 4) *I get too much junk mail:* Use [MailWasher](#) for a few weeks to pre-process your mail. It can bounce the mail back and get you removed from some lists. Use [Ad-Aware](#) to prevent spy files from sending out your address. When you install it, check for updates to keep up with the newer spy files. If you have a high-speed line and Outlook (the one from Office, not Outlook Express) download and install the [spam filter](#). It will learn to toss junk mail directly into the junk folders. If you do not have the professional Outlook try using [Thunderbird](#) mail that has those features built in.
- 5) How do I check my mail from someone else's computer, or an Internet café? Go to [www.fsames.com](#) and click on the mailbox. Or just type mail.fsames.com into the address bar
- 6) My home page has been set to something else. To set it to fsames.com again, type [www.fsames.com](#) into the address bar (if you don't have one go to View – Toolbars – Address Bar, you need it) and click on the Fort St. James sign. For Netscape users, go to Preferences and type in [www.fsames.com](#).

**COMPUTER UPGRADING:** A lot of people ask about upgrading their old computers. If you have a 486 or a Pentium computer you can't upgrade it, they no longer make motherboards for that kind of case. If you have a Pentium II or III you can change the motherboard and chip out, but you'll need new DDR RAM. You can still buy memory for a PII or PIII, but some of the older ones can't see the new large hard drives. As far as upgrading Windows, XP is the best version yet, but you should have a faster computer (over 600MHz) with 256 RAM and a 20 Gig Hard drive.