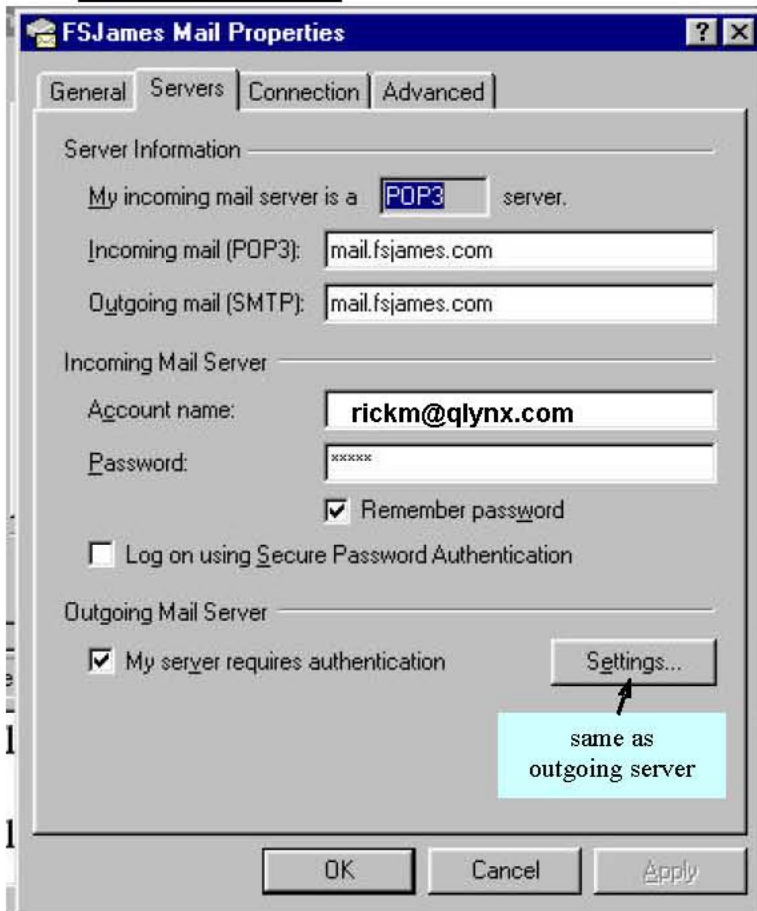




Outlook & Outlook Express MAIL SETUP

Use the wizard to set up the first time. To check and modify settings



Start Outlook,
you do not need to be online

From the top **Tools** menu, select **Accounts**,
choose **Mail**, Click the **Properties** button

Your Mail config should look like this
(of course with different name)
mail.fsames.com works with ALL accounts
qlynx, fsames

<<< — put your whole e-mail address here

Don't check secure password

If this box is here
**PUT A CHECK UNDER OUTGOING MAIL
SERVER AUTHENTICATION**
If not, upgrade to latest Outlook Express
(free download, click start/windows update)

Then click the **APPLY** button and exit
Your Outlook program. It may not work until
you shut down & restart Outlook.

SET SERVER TIMEOUT?

Click on the **ADVANCED** tab and look for the **SERVER TIMEOUT**, a slider in the middle of the page. Move the timeout upwards from the default setting & you can get larger mail attachments. Make sure there is no checkmark at **LEAVE A COPY OF MAIL ON SERVER**, or you will load messages over and over. **KEEPS HANGING UP THE LINE?** Look under **TOOLS, OPTIONS, MAIL DELIVERY** and uncheck hang up after sending & receiving.

NETSCAPE: the setup is quite similar, look under **EDIT - PREFERENCES - MAIL & NEWSGROUPS**

EUDORA: remember the POP USERNAME requires MAIL DOT after the @
I.E.: *user@mail.fsames.com*

Step by step illustrated downloadable pdf files are available at <http://www.fsames.com/help/pdf/>